



Welcome

Members and friends, to this the final Newsletter of 2013, This year seems to have raced away and here we are already in mid November, .Although we tried to hold a get-together event in mid- October sadly it had to be

postponed due to a lack of Members taking up the invitation.

One of the problems highlighting this occurrence is that we rarely receive feedback from Members as to their reasons for not supporting these meetings. Without this knowledge it becomes difficult to try and 'tailor events to suit our wide-spread membership Sometimes we have to plan several months in advance for meetings in order to secure the services of our local Suppliers, and Manufacturers, as well as guest speakers and Stoma care team representatives..

Factors such as selecting localised post-code areas and venue availability, but suitability also affects how far in advance we start our planning .

Unfortunately, in our latest efforts, having initially booked a hall and informed our Suppliers, etc. I Ming the Membership and with only one reply by phone and one by email - that we were forced to take the drastic step of cancellation However, we move on and inside you will find details of our major Meeting for 2014 - that of the AGM - to be held on March 15 th at our Hope Hospital Venue .

Further details will be following in due course; however, please make a note in your 2014 Calendars of this event

Finally, Your Committee and myself wish you and your families a forthcoming Happy Xmas and New Year

Chris Ainsworth

TO ALL MEMBERS - PLEASE MAKE A NOTE

THE ILEOSTOMY ASSOCIATION - MANCHESTER MEMBERSHIP

ANNOUNCE THE **ANNUAL GENERAL MEETING 2014,**

AT THE

HUMPHREY BOOTH LECTURE THEATRE - MAYO BUILDING

SALFORD ROYAL HOSPITAL FOUNDATION TRUST

15 th, MARCH 2014. - 10-30 - 1.00 PM

GUEST SPEAKER'S WILL BE ATTENDING

A LIGHT BUFFET LUNCH WILL BE AVAILABLE

STOMA CARE TEAM AND A NUMBER OF STOMA

SUPPLIERS / MANUFACTURERES WILL BE

IN ATTENDANCE

Special Notice:

**In order to accurately account for numbers attending -
(Buffet/Seating, etc.) please inform Chairman/Secretary by any of
the**

**Following methods - with the numbers in your
party:**

NO LATER THAN 28th February 2014

.....OR Tel: 0161 7988494;

**email: chairman@ia-manchester.com ..OR
secretary@ia-manchester.com - or write to:**

Chairman IA , 3 Hill Top Ave, Prestwich Manchester M25 1LL

**A map of the Car Parking and Mayo Building will
follow in due course.**

ILEOSTOMY TIPS....No.8

Improve your Pouch Adhesion Using Anti-Perspirant ABOVE the pouch when in position will prevent sweat from interfering with the pouch adhesion.

ILEOSTOMY TIPS....No.9

When changing your appliance gently heat the wafar area area with a hair dryer set on low to help with the adhesion.m

ILEOSTOMY TIPS....No.10

It is possible to get 4 - 7 days wear from an appliance using 'Security Tapes', or 'Strips' such as available from Salts/Pelican / Ostomart

Finally, many Manufacturers are now producing appliances, whose adhesive areas are coated with Aloe Vera - excellent for skin irritation

For access to disabled public toilets around the country Ostomates are entitled to a key which may be obtained free via your local Council - or by contacting your Stoma Nurse



RADAR - The National Key Scheme (NKS)

IA - MANCHESTER EXECUTIVE COMMITTEE

Chairman & Treasurer:

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Exhibitions and Open Days

Mrs Val Ainsworth

secretary@ia-

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0161 798 8494

The Committee welcomes
New Members

If you would like to contribute
as a Committee Member
please contact our

Secretary

Telephone above

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IA MANCHESTER MEMBERSHIP
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SUBSCRIPTION RENEWAL

**Once again that time of the year has arrived –
Subscriptions**

**£10 (over 60) and £15 (under 60) are due on
1st JANUARY 2014**

**Payment may be made at any time from now
and can be made online at
www.iasupport.org/subscriptions
or a cheque direct to myself**

**‘Treasurer - IA, 3 Hill Top Avenue ., Prestwich,
Manchester M25 1LL’**

Cheque made payable to ‘IA MANCHESTER

Or by Direct Debit

Make Payment to

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Reminder!

**IA Members should renew their
subscriptions promptly please to ensure continued
receipt of your IA Journal and local news.**