



The leucostomy & intestinal pouch
Support Group

IA-MANCHESTER

Issue 1 - 2018 **NEWSLETTER** Spring 2018



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WELCOME MEMBERS - old and new - to this our first issue of 2018 - a year which will see many changes in the administration of the IA as well as in Membership Organisations. This is an important time for the IA and the event will be discussed in great detail at the Annual General Meeting and National Council Meeting -NC18- to be held later this year in Ashford in Kent and further discussed at our AGM for Manchester IA to be held in May. (Details will appear in this Newsletter).

It is some years since I initiated a full survey of our membership which resulted in both up-to-date and a greater accuracy of this information. Many times members leave us and personal circumstances lead to a change in addresses, etc. However, following the issue of our Journal and Newsletter over the past few months I am pleased to say that returned/undelivered mail has dropped to its' lowest ever. I appreciate that many members take care to keep me as up to date as possible with their personal details, and I am grateful for this.

However, a change in the way in which we send out our journals and, also collect subscriptions - is scheduled to happen this coming year due to the overall re-structuring of IA as a whole and will greatly assist both myself as Treasurer and Tom, our Journal administrator and will assist our Committee and Administration as well as reducing our Annual Postage Bill. You will be notified of the month that this event will take place well in advance and may I thank you now for your patience and understanding of our previous administrative 'errors'.

We look forward to Change Chris Ainsworth - *Chairman*

IA Manchester Executive Committee

Chairman / Treasurer:

Mr Chris Ainsworth.
Tel: 0161 7988494.

Mail: chairman@ia-manchester.com

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Distribution:

Mr Tom Fleming,
Tel: 01706 822643.

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Members Secretary:

Mrs Val Ainsworth.
Tel: 0161 7988494.

Secretary / Visiting :

Mrs Marlene Evans.
Tel: 0161 7909380.

Mail: secretary@ia-manchester.com

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Open Days & Events:

Mrs Anne Cross.
Tel: 0161 4429856

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Webmaster / Greeting cards /Newsletter:

Mr Paul Stott,
for contact details.

webmasteratpstvr@virginmedia.com

Hobbies & Sport Corner

One of our members Joe Gore is calling on all keen cyclists young and old to join him on one of his bike rides through the beautiful lanes of Cheshire on Wednesday 21st March 2018 & ALSO on Sunday 25th March 2018.



Cycle run starts at 10.30 am from Whitegate Station Car Park, Clay Lane, Marton, Winsford, Cheshire, CW7 2QE.

The ride will take you through Sandiway, Acton Bridge, Norley onto Delamere Forest Park Visitor Centre for our refreshment stop.

We will then retrace our run back to Whitegate Station Car Park.

Run time, approx: 3 hours approx 23 miles

This run is suitable for any bike, providing it has suitable gears for hills

NB. At Whitegate Station Car Park (a former railway station - part of Whitegate Way) there is a toilet block & a Community Cafe.

At Delamere Forest Visitor Centre there is a cafe, toilet facilities & a bikeshop.

If you are interested in riding with me on either of these dates, **please confirm this to me**; e mail: joegore55@gmail.com or ring me on 07933 281535.

Thanks, & Look forward to meeting you all, Joe.

IA-Manchester Annual General Meeting

To be held at the
Mayo Building Salford Royal Hospital
On Saturday 12th May 2018 from 10.00 am.

Table of events

- 10:00 am AGM Starts (including business matters and Speakers)
- 11:00 am Set up stands by suppliers while AGM still on going on.
- 11:30 am AGM finishes and viewing of appliances starts.
- 12:30 PM Lunch.

All Major Appliance Manufacturers and Distributors will be in attendance.

If you are attending the A G M please inform the Chairman or Secretary with the numbers in your party.

Chairman: Mr Chris Ainsworth

 0161 798 8494.



chairman@ia-manchester.com

Secretary: Mrs M Evans

 0161 790 9380.



secretary@ia-manchester.com

Please Support Your Local Group

ON LINE PETITION. By Natalie Toper, Natalie has started an on line petition for Stoma signs to be added to disabled toilets, conditions are starting to improve slowly.

An example is supermarket Sainsbury's promising to make its toilets more exclusive for their customers with stomas. Natalie has started an on line petition to make all disabled toilets just as Sainsbury's are doing.

<https://petition.parliament.uk/petitions/202280>

Deadline for the petition is 12-4-2018.

There is a direct link on the www.ia-manchester.com WEB site



How you can make a difference.

You can help make a difference to thousands of people across the world who cannot afford stoma supplies by donating supplies or making a financial donation, please send supplies you genuinely cannot use to 'Stoma Aid' at the following address:

Dean Philips, Stoma Aid, C/O
Stone Logistics/PRS
Limited, Lorne Mill,

Lorne Street,
Bolton, BL4 7LZ.

Stoma Aid will accept the following .

Closed bags

Drainable bags one piece bags.

Two piece bags (must include baseplate)

Gels-wipes -aerosols-dressings -powder-Creams -seals-rings and washers-belts.

Must be at least 6 months in date

"What does IA Mean to You"

IA Head Office would like to know what our Organisation means to you.

If you would like to make a short but relevant comment about IA- and what it means to you not only as an Organisation who seek to Advice and Support But also your experiences in partaking as a Member; possibly you have been a Member of Manchester IA over a lengthy period of time -It does not need to be very long lengthy comment and your comments will be kept in full anonymity if you so wish - We are also hoping to help promote IA in the future. It would mean so much to us at Manchester Office that we have your support in this , It would be very much appreciated if you could respond at your very earliest convenience. Mail or write or phone to:
The Chairman at IA Manchester,
Phone:0161 7988494.

Email: chairman@ia-manchester.com

Thanks for your support.

Members only Birthday cards (another reminder)

For the last 2 years IA-Manchester have been sending out greeting cards to all their members, if you have not received yours yet the reason could be simple, We may have your name and address but not your birth date. Inserted in the greeting cards are info for All the up to date activities in the area, open days, annual general meetings, etc: and if you have access to the Internet, our very own web site At www.ia-manchester.com

It is easy to make sure we have your details correct – by Phone: secretary Mrs Marlene Evans : 0161 7909380 E-mail: secretary@ia-manchester.com or Mr Chris Ainsworth Phone 0161 7988494 E-mail: chairman@ia-manchester.com or At our WEB site www.ia-manchester.com go to the home page and click on Members Only Page and update your details.

NOTE: All INFORMATION RECEIVED WILL BE FOR THE EXCLUSIVE USE OF IA-MANCHESTER ONLY.

Pennine Acute Patient Care Meeting.

At The
VICTORIA HOTEL
VICTORIA AVENUE
HOLLINWOOD

Wednesday 7th March 2- 4pm

All Welcome.
Refreshments.

Have you registered your
E-mail yet?
If not go to our WEB Site
www.ia-manchester.com
Home page & Members

RADAR - National Key Scheme

National Key Scheme - the disability network key which will open 9,000+ locked toilets around the UK. Some local councils will provide this key free, or for a small charge.

Subscriptions.

Once again may I remind you that Annual Subscriptions were due for 2018 - from January 1st 2018.

Under 60 years of age as at 01.01.2018 = £15 p.a. Over 60 years - same date; £10 p.a.

Please send a cheque made out to

‘Ileostomy Assoc. Manchester’

To: Mr Chris Ainsworth - Chairman IA

3 Hill Top Avenue, Prestwich, Manchester M25 1LL.

(Note there is no change to standing orders/Direct Debits, etc)

Newsletter: Sponsored by [Brunlea Surgical Supplies.](http://www.brunleasurgical.com)

Phone: 01282 686800 Freephone: 0800 834 712 Fax: 01282 686801

E-mail: info@brunleasurgical.co.uk WEB: <http://www.brunleasurgical.co.uk/>

F a s t a n d F r i e n d l y S e r v i c e .



Ia-manchester newsletters & greeting cards are professionally printed by:



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