



The ileostomy & internal pouch  
Support Group

# IA Manchester

Registered Charity: 1039256

Newsletter

Spring

2016

ISSUE 01-16



**WELCOME MEMBERS** - Old and new - to our first issue of 2016 - A year that will see many changes in the Administration of the IA as well as membership organisations. This important time for the IA will be discussed in detail at the Annual General Meeting and NC16 to be held this year in Leicester and further discussed at our AGM for Manchester IA to be held in May (Details in this Newsletter)

Initially, you will find enclosed with your Journal and Newsletter a request for you to complete certain personal details which will assist in a change in the way we send out our Journals, and then to return these details to myself in the prepaid envelope.

It is some years since I initiated a survey of our membership in order to bring us up-to-date and create a greater accuracy of these details. Many times members leave us and personal circumstances lead to a change in addresses, etc. Following the issue of our Journal and Newsletter every three months a certain number of envelopes are 'Returned to sender' - ie: myself - as 'Undelivered' - or 'Gone away' . I appreciate that many members take care to keep me as up to date as possible with their personal details, and I am grateful for this.

However, a change in the way in we send out our Journals which will not only make the Membership details as accurate as possible but also assist both myself as Treasurer and Tom, our Journal administrator and greatly reduce our Annual Postage Bill By adopting a Post Office system entitled PPI - Printed Postage Impressions - each envelope will reduce in postage from £1.15 to £0.88p,

Quite a saving on over 200 envelopes sent 4 times annually. The first journals to be sent out by this method will be the June Journal.

Please read the questionnaire inside - and return soonest and I appreciate assistance

*Chris Ainsworth - Chairman*

***NEWS FROM YOUR COMMITTEE***  
***Subscriptions and Journal Distribution***

**£ 10000 NATIONAL DRAW 2016**

**Information on this Draw is fully covered on each book of tickets**

**To be enclosed with the June issue of this Journal.**

**In our 60<sup>th</sup> Anniversary year this Draw will last for 12 months**

**and will include a first Prize of a Family Car,**

**2<sup>nd</sup> Prize of £500,**

**Plus a further cash prize.**

**SUBSCRIPTIONS 2016**

Once again may I remind you that Annual Subscriptions

were due for 2016 - from January 1<sup>st</sup> 2016.

Many of you have now set up a standing Order with their Banks to pay into our accounts with HSBC Banking -

and these have now been received.

Remember, to receive your quarterly Journal you need to ensure that your subscriptions are on time.

Under 60 years of age as at 01.01.2016 = £15 p.a.

Over 60 years - same date; £10 p.a.

Please send a cheque made out to

‘Ileostomy Assoc. Manchester’

To: Mr Chris Ainsworth - Chairman IA

3 Hill Top Avenue, Prestwich, Manchester M25 1LL.

**I A MANCHESTER EXECUTIVE  
COMMITTEE**

**Chairman / Treasurer.**

Mr Chris Ainsworth.

Tel: 0161 7988494.

Mail: [chairman@ia-manchester.com](mailto:chairman@ia-manchester.com)

**Secretary:**

Mrs Marlene Evans,

Tel: 0161 7909380.

Mail: [secretary@ia-manchester.com](mailto:secretary@ia-manchester.com)

**Distribution:**

Mr Tom Fleming.

Tel: 01706 822643.

**Visits:** Mrs M Evans.

Tel: 0161 7909380.

**Committee:** Mrs Anne Cross.

Tel: 0161 4429856.

**Committee:** Mrs Val Ainsworth

0161 7988494

**Newsletter Editor:** Chris Ainsworth

**WEBMASTER:**

Mr Paul Stott

See Website for details

**The Committee welcomes New  
Members,**

If you would like to contribute as a  
Committee Member please contact  
our Secretary, address above



**RADAR**  
the disability network

**MANCHESTER IA  
ANNUAL GENERAL MEETING**

Please make a date:

The Annual General Meeting of  
the Manchester Membership of  
the Ileostomy Association will  
take place as follows:

Saturday 7<sup>th</sup> May 2016

At The Mayo Centre

Salford Royal Hospital

Commencing at 10.30 am

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This is an important Meeting for all  
members and although further details  
will be issued in due course ,it would  
be very helpful to the Meeting Organ-  
isers if you could indicate at this time  
or as soon as possible, if you, and  
partner, etc. would be attending: by  
email or phone to The Secretary,

Mrs Marlene Evans:

0161 7909380

[secretary@ia-manchester.com](mailto:secretary@ia-manchester.com)

[chairman@ia-manchester.com](mailto:chairman@ia-manchester.com)

Usual event details will occur with  
Suppliers stands , Speakers and a  
light buffet - with the meeting ending  
at approx, 1 pm.

**(Reproduced from Tidings - The Magazine of The Ostomy Association  
Winter Edition 2016.)**

**Stoma Aid - or another slant on "A Bag For Life"**

Many times members ask me how they can dispose of surplus unused Stoma Appliances - as well as Stoma aids - **BUT NOT MEDICINES**

It may be that your condition has changed - you may have had reversal, etc. But unfortunately the NHS can no longer accept unused pouches, etc. back into their own nursing stocks .etc. Alternately they are quite liable to end up as land fill as we dispose of these items via Local Authority Waste disposal methods, In many developing countries desperate ostomates are unable to obtain supplies either because of inadequate suppliers or by virtue of low income, Here in Greater Manchester / Lancashire / Cheshire and close lying regions we are fortunate in the recent development of a new service - Stoma Aid, Stoma Aid provides a solution for people wishing to dispose of their surplus supplies knowing that they will be going to those needy people.

Based in Bolton - with warehouse space kindly donated by Stone Logistics Ttd/PRS Ltd and funded by grant making trusts - such as The Colostomy Association, etc, It is now possible to take your surplus to this location . Unfortunately Stoma Aid are unable to arrange collections, however small postage at around £5 - per parcel is accepted by the Post Office.

Recently I was able to get together a large quantity of surplus unused stoma items and take them in my Motorhome to the mill in Bolton where they were gratefully accepted If you are unable to transport your excess supplies yourself the address is:  
**Stoma Aid (Mr Dean Swift, c/o Stone Logistics/PRS Ltd, Lorne Mill, Lorne Street, Bolton, BL4 7LZ.**

(Note: they are unable to collect nor to accept incoming phone calls)

Should you have such a large quantity that requires movement to the Mill - Provided I receive time and I am available - I will gather such a quantity together and take them, I am based in Prestwich North Manchester, approx 20 mins from the Mill. Please telephone me and - although I am unable to collect - I will be able to tell you which items - There is a long list - and arrange to take them should you so require -  
Phone **0161 7988494**