



The ileostomy & internal pouch
Support Group

IA Manchester

Registered Charity: 1039256

Newsletter

Winter

2015

Issue 04-15

Welcome Members to this final newsletter of 2015.

Even though this has been a momentous year for IA Manchester!

I have a feeling that the coming year 2016 is going to be an even more exciting year for IA.

Thus, it is that we will be celebrating this 60th year Anniversary of IA - in the coming year - no doubt at many events Nationally but also at our major event - the National Council Meeting and AGM on 16/17th April 2016 in Leicestershire.

Representatives of all the Member Organisations of IA will come together to celebrate this occasion.

An idea that came from a regional meeting was to have a choir to sing at NC16 made up of IA Members from around the country. Are there any singers out there? If so and you would be interested in joining such a choir please contact our secretary who will happily pass on your interest to Head Office.

Happy Xmas and New Year to all

Chris Ainsworth - Chairman

And your IA Manchester Committee

**IA MANCHESTER
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COMMITTEE**

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**FOR YOUR
DIARIES**

MANCHESTER IA AGM

IA MANCHESTER will once again -
in 2016 be holding our Annual
General Meeting
At The Mayo Centre at Salford Royal
Hospital

Saturday 5th May 2016

Please make a note in your diaries and
await further information about this
event to be circulated in the next
Newsletter - with updates on our
WEB site.

The Meetings in the past few years
have been both well attended and a
useful get together for both Members,
Stoma Nurses and guests.

We are currently seeking guest
speakers; however, we welcome
suggestions from yourselves as to
who you would like to hold a
presentation at this meeting or a
subject you would prefer to be
presented.

Please let us know soonest

YOUR COMMITTEE

NEEDS YOU



A PLEA.....

Once again I and your Committee are seeking willing Members to join our Committee.

If you can spare some time and maybe have a few ideas for Fund Raising Activities, Functions etc., please contact myself or Marlene the Secretary, by phone or e-mail if you wish. We seek to run social members events ; by meeting maybe 3 or 4 times each year, but we need for forward planning.

The membership now covers an expanding area of the North West and with 220 Members we are spread over 80 postcodes.

Although my wife Valerie stepped down last year from her years as Secretary - I am delighted to say that Marlene has filled the breach of Secretary admirably and contact details are within.

Valerie my wife, meanwhile has remained on the Committee in an Associate role and taken on the tasks of Membership Secretary.

With the WEBSITE fully operational after a glitch with our Domain Hosting providers - Paul the Webmaster would welcome any newsworthy items you may wish to send him.

Get your own toilet KEY for this RADAR network



Prescription Review

An article reproduced from Tidings - The Colostomy Association Magazine.

The IA, Colostomy Association and Urostomy Association have worked together closely with the Stoma and Stoma Care professionals to produce the following guidelines. -It is a known fact that in 2017 £30 billion cost savings are to be made by the NHS in order to deliver the care needed to their patients .- US, You and I - This includes the manufacture, issue and use of Stoma care supplies that you and I NEED in our day-to to-day living needs.

By reviewing Prescription Usage of the Ostomate's personal usage and prescription supplies it has been able to produce a Guideline for Ileostoma patients use.

ILEOSTOMY.

Type	Freq,	Ave qty Monthly
1- Pce Pouchdrainable	1-3 day	30-90
2-Pce Pouch Bplates	2-3 times Wk	8-12 drainable BPlates
Pouch change every 1 - 3 days		10-30 Bplates

To be an example in this small space:

I use a single drainable pouch which I change possible 2 - 3 times per week and I order 90 pouches over a 6 month period; ie; 15 pouches a month.

An average cost per pouch - per box of 10 costs an average of £40 - or + £360 per 6 months (Convatex/Concave/Flat)

Please don't hoard - Order your needs ONLY Speak to your Stoma Nurse, Hopefully we will not suffer shortages.

Where and When Did We Begin?

A. Question sometimes asked of the Editor -

I will attempt.....

'QT' Ileostomists - The American 'Ileostomy' Association was formed shortly before the formation of the Ostomy-related surgical procedures and the IA as we know it today.

Initially, patients were known as 'QT' patients - being members of one of two wards in a special gastro-enterostal department of Mount Sinai Hospital, New York. Each ward was listed as the 'Q' ward and the 'T' ward and both wards were specific to the introduction, follow up and development of hospitalized patients undergoing gastro-enterostal surgery for IBD - initially identified as Ulcerative Colitis (UC).

Patients from these wards would continue to meet following surgery and discuss and examine their similar problems and solutions to coping with outcomes and complications post-surgery.

They later went on to become the forerunners of the UOA ..the United Ostomy Association.

Although I do not have the exact date of the formation of IA-Manchester .

.Ed.; (If you know different please let me know)

I do know that a Northern Division of the 'QT' (Great Britain)' - that is patients and ex-patients of the colorectal surgery and who had an ostomy created, - most probably in the Victoria Memorial Jewish Hospital, based in Elizabeth Street, Cheetham Hill Manchester M8.

Formed initially in London in the early 50's it was followed by a Division - so called - established in the Midlands with Bryan Brooks as the President.

A National Committee remained in London, based at St Marks Hospital, City Road, EC1.

The Northern Division was formed around 1956 at the above Victoria Memorial Jewish Hospital,

Newsletter No. 1 of Volume 1 of the QT(GB) was issued to known registered patients in the Manchester regional area in August 1956.

Chris.